



Date:

(Adjust according to your personal goals and desires for lifestyle)

CURRENT LIFESTYLE	DESIRED LIFESTYLE
<p>CURRENT JOB/BUSINESS Satisfaction of out 10</p>	<p>DESIRED JOB/BUSINESS Desired change if less than 10/10</p>
<p>HEALTH Satisfaction out of 10</p>	<p>HEALTH Desired change if less than 10/10</p>
<p>FINANCES Satisfaction out of 10</p>	<p>FINANCES Desired change if less than 10/10</p>
<p>RELATIONSHIPS (Friends) Satisfaction out of 10</p>	<p>RELATIONSHIPS (Friends) Desired change if less than 10/10</p>
<p>RELATIONSHIPS (Family) Satisfaction out of 10</p>	<p>RELATIONSHIPS (Family) Desired change if less than 10/10</p>
<p>RELATIONSHIP (Significant Other/or Self) Satisfaction out of 10</p>	<p>RELATIONSHIP (Significant Other/or Self) Desired change if less than 10/10</p>